

## **IMPORTANT NUMBERS AND RESOURCES**

(program these numbers into your phone)

### **Emergency Dispatch Fire and Police (911)**

203-453-8000 (routine calls)

### **Fire Department**

203-453-8000 (routine calls) 911(emergency)

### **Police Department**

203-453-8061 (routine calls) 911(emergency)

### **Health Department**

203-453-8118

### **Selectman's Office**

203-453-8015

### **Public Works**

203-453-8081

### **Shelter –Community Center**

203-453-8068

### **Hospital Yale ER**

203-453-7900

### **Poison Control Center**

203-785-2353

### **Red Cross**

203-787-6721

### **Connecticut Light and Power**

1-800-286-2000 (report power outage)

### **Connecticut Water Company**

860-669-6655

## **IMPORTANT WEB SITES:**

### **Town of Guilford**

[www.ci.guilford.ct.us/](http://www.ci.guilford.ct.us/)

### **Connecticut Light and Power**

Outage updates

[www.cl-p.com/outage/mobile.aspx](http://www.cl-p.com/outage/mobile.aspx)

### **Connecticut Hurricane**

[www.ct.gov/hurricane](http://www.ct.gov/hurricane)

### **National Weather Service**

[www.nws.noaa.gov/NWR](http://www.nws.noaa.gov/NWR)

### **FEMA**

[www.ready.gov](http://www.ready.gov)

## **EMERGENCY PREPAREDNESS KIT**

Each family and individual should maintain an emergency preparedness kit with supplies to last for 3-7 days. Some of the basic supplies include:

- Water, one gallon per person per day
- Non-perishable supply of food (canned, dried and packaged food items)
- Battery-powered radio and flashlight with extra batteries
- First aid kit
- At least one change of clothing and shoes per person
- One blanket/sleeping bag per person
- Emergency tools to turn off utilities
- Extra set of car keys
- Special items for infant, elderly or disabled family members
- Moist towelettes for sanitation
- Manual can opener for food
- Mess kits, paper cups, plates, plastic utensils and paper towels
- Whistle to signal for help
- Garbage bags and ties
- Scissors and tweezers
- Paper and pencil
- Cash-ATMs won't work without electricity
- Disinfectant

## **PUBLIC HEALTH EMERGENCY**

### **What is a Public Health Emergency?**

Is anything that poses an urgent threat to the public's health? Natural occurrences include pandemic flu. Man-made occurrences can be either accidental or deliberate. Bioterrorism is an example of a deliberate man-made public health emergency.

### **What would happen in a Public Health Emergency?**

A public health emergency is declared by the Governor in conjunction with the State Commissioner of Health. Instructions would then be given on how members of the public could protect themselves. These instructions might include how to Shelter-in-Place or how to receive vaccination or preventive medications for yourself and your family at a Point of Distribution (POD) site.

### **How would I know what to do in a Public Health Emergency?**

A public health information campaign would be conducted through newspapers, radio, television and the Town of Guilford Website [www.ci.guilford.ct.us](http://www.ci.guilford.ct.us)

## **WE NEED YOU – BECOME A VOLUNTEER**

During public health emergencies, facilities such as emergency shelters and mass-vaccination centers will be staffed with Volunteer Health Professionals and members of the Medical Reserve Corp (MRC). Members of the MRC receive extensive training via online courses and classroom training events. The shoreline MRC is a growing organization but still more volunteer members are need. If you would like more information for an application to join contact the Guilford Health Department at 203-453-8036.

# **EMERGENCY PREPAREDNESS BROCHURE**



Henry Whitfield Museum  
Guilford, Connecticut

*Disasters can happen  
anytime, anywhere.  
Are you prepared?*

Information for  
You and Your Family  
Presented by the Town of Guilford